



GOALMINDER CLIENT RATING SYSTEM: CHILD EXTERNALIZATION CHECKLIST

Weekly Scores: 0 (symptom is absent) to 4 (symptom is as bad as it can be)

Score for last 7-day period only

Name: _____ DOB: _____ Child Rating _____ Parent Rating _____

Therapist: _____

ANSWER ALL QUESTIONS FOR JUST THE PAST SEVEN DAYS, INCLUDING TODAY!

Enter Date of Ratings and Ratings

<u>Date of Rating:</u>									
Temper. I get really mad/lose temper with friends and/or adults.									
Argue. I argue with/talk back to my parents and/or adults.									
Defiant. I just refuse to obey some rules.									
Annoying. I annoy or bug other people.									
Blame. I blame others a lot when I get into trouble.									
Lack of Guilt. I don't feel bad when I get into trouble.									
Social. I have problems getting along with other kids.									
Cruel. Sometimes I am mean to animals or to people.									
Esteem. I don't think I'm as good as other kids.									
Friends. I hang out with others who get into quite a bit of trouble.									
Fights. I start fights or get into fights (physical fights).									
Trash. When I'm upset or just for fun, I wreck stuff on purpose.									
Lie. I've lied to friends or grown-ups this week.									
Steal. I stole stuff (from parents, friends, stores, etc.) this week.									
Truant. I don't go to school when I don't feel like it.									
Stay out. I stay out past my curfew.									
Runaway. I feel like running away from home (runs = 4).									

Personal Goals: _____ Date--->

1.									
2.									
3.									
4.									